



INFANT/TODDLER LESSON PLANS

MONTESSORI INSPIRED

For

Childcare Providers, Daycare Operators, Crèche
Managers, staff, Preschool Owners, and anyone
interested in working with children.

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KL Childcare Academy





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ARRIVAL TIME

LESSON PLAN

THEME: WELCOME SONG

MATERIALS NEEDED: NONE

WHAT TO DO:

1. Sing the following song to the tune of "Mary Had a Little Lamb."
You can sing it when each child arrives or after all of the children have arrived.

2. Encourage the children to clap and give a cheer when prompted by the song.

(Child's name) came to school today,
School today, school today.

(Child's name) came to school today,
We're so glad she's here.

Let's all clap for (child's name) now,
(Name)now, (name) now.

Let's all clap for (child's name) now,
And give a great big cheer.

CLEANUP TIME

LESSON PLAN

THEME: WISHY WASHY TIME

MATERIALS NEEDED: CLEANING TOWELS

WHAT TO DO:

1. This is a fun way to clean up children after snack or any other time of the day.

2. Using a cleaning towel (wet or dry), rub the child's cheeks gently and sing the following song to the tune of "Row, Row, Row Your Boat."

Wash, wash, wash your cheeks, wash them every day,

When you do it every day the germs will wash away.

3. Rub the child's lips, ears, toes, nose, and forehead.

4. Change the song for each of the body parts.

DEPARTURE TIME

LESSON PLAN

THEME: GOODBYE

MATERIALS NEEDED: NONE

WHAT TO DO:

1. Children often have difficulty saying "goodbye" when they are busy having fun.
One way to transition them to the next activity or to go home is to say goodbye to things.
2. Tell the children it is time to end the day or activity.
3. Model saying goodbye to someone or something in the room. For example, "Goodbye, chair!" "Goodbye, ball!" and "Goodbye, Michael!"
4. Encourage the children to say goodbye to their friends and favorite things.

PRETEND PLAY

LESSON PLAN

THEME: PET DAY

MATERIALS NEEDED: STUFFED ANIMALS (BROUGHT FROM HOME), BED SHEETS, BLANKETS, BOWLS, PET TOYS.

WHAT TO DO:

1. The day before doing this activity, send a note home to parents reminding them that the next day is Pet Day.

Ask them to let their children bring in their favorite stuffed animals.

Make sure to have a few extra stuffed animals in case any children forget.

2. Let the children share and show their animals to the other children.
3. Provide the children with props so they can put their animals to bed, feed them, and play with them.

FINE AND GROSS MOTOR SKILLS

LESSON PLAN

THEME: BALL ROLL

MATERIALS NEEDED: PLASTIC BALL

WHAT TO DO:

1. Sit on the floor with the child and show him how to roll a ball to you.
2. Roll the ball back to the child. As the ball rolls to the child, say, "Ba...ba...ba..." When the ball reaches the baby say, "Ball."
3. Encourage the baby to roll the ball back to you.

You can also try this:

With another caregiver, sit across the floor from each other, each with a child seated between your legs.

Show the children how to roll the ball back and forth to each other (with your help).

As the ball rolls away from the child in your lap, say, "There goes the ball."

As the ball approaches the other baby, the other caregiver can say, "Here comes the ball."

LANGUAGE

LESSON PLAN

THEME: WHERE IS IT?

MATERIALS NEEDED: NONE

WHAT TO DO:

1. Ask the child, "Where's your nose?"
2. Have the child touch his own nose with his finger.
3. Ask, "Where are my ears?"
4. Emphasize the important difference between "my eyes" and "your eyes."

MATH

LESSON PLAN

THEME: SORTING BLOCKS

MATERIALS NEEDED: BUILDING BLOCKS IN DIFFERENT COLOURS, BASKETS.

WHAT TO DO:

1. Ask the children to sort the blocks by colour into the two different baskets.
2. After they have sorted the blocks by colour, get different- sized blocks of the same colour and ask them to sort the blocks by size (small and large).

NAPTIME

LESSON PLAN

THEME: RELAXED ENVIRONMENT

MATERIALS NEEDED: CD PLAYER OR MP3 PLAYER OF RELAXING MUSIC OR SOUNDS, SOFT BLANKETS.

WHAT TO DO:

1. When it is getting close to naptime, start darkening the room by pulling down the curtains and dimming the lights.
2. Talk softly to the children. Play quiet, classical music or nature sounds (ocean, wind, or rain).
3. Lay each child down, cover any child that likes a blanket with one.
4. Rub the back of any child who has trouble relaxing.
5. After rubbing the child's back for just a few minutes, whisper that you will return shortly and move to another child.

OUTDOOR PLAY

LESSON PLAN

THEME: STOP AND GO SIGNS

MATERIALS NEEDED: 2 PAINT STIRRERS, RED AND GREEN POSTER BOARD, MARKER, HEAVY DUTY STAPLER, SCISSORS (ADULT ONLY), GLUE.

WHAT TO DO:

1. Create large Stop and Go signs by cutting out a large circle from green poster board and a large circle from red poster board.
2. Write "STOP" on both sides of the red circle and "GO" on both sides of the green circle.
3. Staple each sign to a paint stir stick.
4. At outdoor play time, provide riding vehicles and wagons for the children to use.

Stand with the Stop and Go signs in the location where "accidents" are most likely to occur.

5. Regulate the children's movement using the Stop and Go signs.

SCIENCE

LESSON PLAN

THEME: LET'S MAKE A ZOO

**MATERIALS NEEDED: OLD MAGAZINES OR CATALOGUES,
LARGE PIECE OF TAGBOARD, GLUE, CHILD-SAFE SCISSORS**

WHAT TO DO:

1. Talk with the children about animals found in a zoo.
2. Invite the children to look through the magazines and catalogues to find pictures of animals that live in the zoo.
3. Help them cut or tear out the animal pictures and then glue them to the large tagboard.
4. When the collage is completed, display it in the room.

You can also do this:

5. Provide plastic animals for children to play with.
6. Ask them to produce the sounds they think the animals make.

SENSORY

LESSON PLAN

THEME: I CAN MAKE IT MOVE

**MATERIALS NEEDED: LONG PIECE OF ELASTIC BEACH BALL OR
LARGE INFLATABLE TOY.**

WHAT TO DO:

1. When the babies are on the floor, set up this activity.
2. Blow up a beach ball or other large inflatable toy.
3. Hang it from the ceiling using elastic.
4. Position the object just a few inches off the floor.
5. Position the infants within kicking or touching distance of the object.
6. Move the object within their reach and allow them to move it with their hands or feet.
7. Supervise closely so that the children do not pull the ball down, or get tangled in the elastic.
8. Be sure to comment whenever the infant moves the ball.
"Wow, look what you did! You made the ball move."

SNACK TIME

LESSON PLAN

THEME: MEAL SONG

MATERIALS NEEDED: NONE

WHAT TO DO:

1. Make up a song to sing before every meal or snack.
2. Get the children to master the song and sing along with you.
3. With time, they will get used to the song, and motivate even the kids who don't like to eat to join them in the excitements of snack time.

SOCIAL-EMOTIONAL

LESSON PLAN

THEME: MIRROR FACE

MATERIALS NEEDED: UNBREAKABLE, CHILD-SAFE MIRROR

WHAT TO DO:

1. Sit down with an infant in front of a mirror.
2. Make faces that illustrate different emotions, such as happy, sad, scared, and so on.
3. Tell the child what each facial expression means. "I'm smiling because I'm happy."